

Supporting Toileting Procedure

Health and Social Care Standards:

1.20 I am in the right place to experience the care and support I need and want.

1.4 If I require intimate personal care, this is carried out in a dignified way, with my privacy and personal preferences respected.

Note: Throughout this procedure, the steps may be fluid as the levels of support a child will need at each stage is varied from child to child. Staff should use a common sense approach to understanding when children need help, when they can be encouraged to try themselves or when they can be completely independent in each step.

Procedure

- Enter toilet area with the child, closing the door behind you for privacy and dignity
- Support the child where needed to unfasten their outdoor clothing, trousers and underwear (as needed - remember to encourage independence where appropriate)
- Support the child to get onto the potty/toilet seat/in a position that is comfortable for them - steps may be a useful tool here
- Come away from the toilet area while the child uses the toilet, ensuring the door is closed - children may enjoy a chat while using the toilet
- Return back to the cubicle when invited by the child and close door
- When helping a child wipe, staff should be wearing gloves and an apron and use toilet tissue where possible
- Staff should make sure the child is fully clean, wiping front to back - communicate with the child about what you are doing
- If using wipes, used wipes should be put into a nappy sack and disposed of in a lined foot pedal operated bin; if toilet tissue is used it should be flushed down the toilet
- If using a potty, waste matter should be flushed down the toilet
- Demonstrate to the child how to flush the toilet
- PPE should be removed and disposed of in a foot pedal bin
- Support the child to get redressed, ensuring they are given opportunity to try this independently
- Staff should remove the potty from the toilet area to be rinsed, cleaned with anti-bacterial spray and thoroughly dried before being stored away from children's reach
- Staff and child should wash hands with soap, and ensure fully dried before returning to play area

Children's learning from routine:

HWB 33- I am becoming aware of how cleanliness, hygiene and safety can affect health and well-being and I apply this knowledge in my everyday routines such as taking care of my teeth.

HWB 48-I am learning what I can do to look after my body and who can help me.