

## **Sun Cream / Bug Spray Procedure**

Health and Social Care Standards:

*1.32 As a child, I play outdoors every day and regularly explore a natural environment*

*4.27 I experience high quality care and support because people have the necessary information and resources.*

Note: All children enrolled have permissions provided by their parents/carer regarding sun cream or bug spray. Team Leaders should ensure staff have up-to-date and accurate information about these permissions.

### **Sun Cream**

#### **Always read instructions on bottle first**

- Wash hands before applying sun cream
  - See Handwashing Procedure
- Apply a small amount of sun cream to your palm
  - Single use gloves should be used if there is an awareness of broken skin in either the child or adult
- Gently rub a thin layer of sun cream onto any area of the child's body that is exposed to the sunshine
  - Remembering the back of the neck, hairline and ears
  - Ensure full coverage is given
  - If a child is wearing sandals or shorts, staff should apply sun cream to any exposed area of skin
- Avoid contact with mouth and eyes
- Staff should wash hands after applying sun cream

### **Midge repellent**

#### **Always read instructions on bottle first**

- Wash hands before applying midge repellent
- Apply a small amount of midge repellent to your palm
- Gently rub a thin layer into areas of skin exposed
- Avoid contact with mouth and eyes
- Wash hands after applying midge repellent

### **Bug Spray**

#### **Always read instructions on bottle first**

- Ensure child's eyes and mouth are covered
- Spray a suitable amount of bug spray onto any exposed areas of skin and hair
- Ensure the spray is held far enough away if an aerosol to avoid burns