

Nappy and Toileting Policy

Health and Social Care Standards:

1.20 I am in the right place to experience the care and support I need and want.

1.4 If I require intimate personal care, this is carried out in a dignified way, with my privacy and personal preferences respected.

4.11 I experience high quality care and support based on relevant evidence, guidance and best practice

5.4 If I require intimate personal care, there is a suitable area for this, including a sink if needed.

Stramash recognises that children will come to the setting in varying stages of development in regards to toileting; some children may be in nappies, toilet training, completely independent with their toileting or on a varying scale of development. At whichever stage of development, children will be welcomed into the setting and a Care Plan set up to meet their individual toileting needs.

Stramash staff will work with children, families and other relevant professionals to ensure that there is a consistent and considerate approach given to children in regards to their toileting. Stramash views toilet training as a self-care skill that children have the opportunity to explore with the full support and non-judgemental concern of staff. Stramash believes that all children should have the opportunity to play a role in their own self care, if willing.

When carrying out nappy changes, **Stramash staff should follow the nappy changing procedure.** When supporting a child with toileting, **Stramash staff should follow the toilet support procedure.**

The Role of Staff

Stramash uses a system of named individuals responsible for toileting and nappy changing throughout each nursery session. This may look different in each setting in the way it is decided or how many individuals are responsible for this task, but there is typically a named person for these roles. It will be the responsibility of the individual(s) to ensure that nappy changes are completed periodically throughout the session, and promptly after a child has soiled - and that any toilet support necessary is carried out.

A record will be kept by the staff member of changing times and any observations such as nappy rash or loose movements etc and this information will be shared with the parent/carer when the child is collected.

Stramash acknowledges that nappy changing time is a nurturing experience and should play an important part in the process of building a positive relationship between the adult and child - and as such, staff should interact with children being changed: singing, chatting and making eye contact.

When supporting children who need toileting support, staff will take an approach of seeking consent and respect for the individual's abilities throughout the process, promoting bodily autonomy and the importance of seeking consent as core values. Staff will encourage, where appropriate, independent self-care and will support where necessary.

Stramash's mobile phone policy prevents any staff member from bringing their observation smartphone or tablet into the toileting or nappy change areas and this must be strictly adhered to by all staff. All personal devices should remain in the staff members bag at all times.

All nappy changing or toileting support will be carried out by trained staff and will not be carried out by volunteers, visitors or students.

Nappy Change Areas / Toileting Areas

As laid out by the Health and Social Care Standards, Children have a right to privacy and dignity during their toileting or nappy changing experience and staff should ensure this is maintained at all times. Stramash, as an outdoor nursery, ensures that all outdoor toilet areas are designed to instill privacy and dignity by using doors or partitions, and ensuring the toilet area is as comfortable as possible (ie temperature control / wind and rain proof).

Stramash believes in children having the opportunity to be independent in all areas of development, including toileting, and so Stramash toilet areas are all readily accessible by all children who may need to use them, as laid out in the guidance document **Space To Grow** (2019)¹. All Stramash sites have handwashing stations set up at the toilet area that can be used independently by children or used with support from staff.

¹ [Space to Grow \(2019\) Care Inspectorate](#)

In designing nappy change set ups, Stramash has taken Inspectorate Document ***Nappy changing facilities for early learning and childcare services: information to support improvement*** (2018)² which states that nappy changing areas should be designated for that use only and should be separate to play areas, food preparation areas, serving areas and laundry areas. In all Stramash sites, nappy change facilities are deliberately away from play and eating areas, including areas where food may be prepared or laundry done. These areas are set up in clean, light areas with a change mat and are easily cleanable. Typically there is a change unit with steps.

Stramash acknowledges the guidance within the above document that there must be a designated sink for hand washing only, which must be located within the nappy changing area. All Stramash sites have appropriate hand washing stations within, or just outside, of the nappy changing areas for all staff and children to wash their hands before and after a nappy change.

Stramash has high expectations of cleanliness within its sites, and in particular in areas of high risk of cross-contamination. All Stramash staff are trained in Infection Prevention and Control, and each Stramash site follows a strict cleaning protocol for cleaning both nappy change areas and toilet areas, as per the ***Infection Prevention and Control In Childcare Settings*** (2018)³ guidance released by Health Protection Scotland.

Storage & Disposal

All parents/carers are asked to provide a change bag for their child(ren) attending Stramash - including a change of clothes and a nappy kit if necessary (nappies, wipes and any nappy rash creams needed). These bags can be stored on hooks with jackets etc if appropriate. In some sites bags for nappy changes may be stored near the nappy change area.

If a child needs a change of clothes or uses reusable nappies, these will be stored in a sealed, cleanable area that is out of reach of children (such as a plastic box with a lid or hanging up on hooks) in the change area until they can be collected by parents/carers to take home. **Stramash staff shall not put these back into the child's bag.**

For used nappies, wipes, gloves and other waste products of a nappy change or from supporting children at the toilet, these are to go into a nappy sack, tied and then put into a foot pedal operated lined bin and disposed of per local authority guidance,

² [Nappy changing facilities for early learning and childcare services: information to support improvement \(2018\) Care Inspectorate](#)

³ [Infection Prevention and Control in Childcare Settings \(2018\) Health Protection Scotland/NHS](#)

as per the ***Infection Prevention and Control In Childcare Settings*** (2018) guidance.