

Nappy Change Procedure

Health and Social Care Standards:

1.20 I am in the right place to experience the care and support I need and want.

1.4 If I require intimate personal care, this is carried out in a dignified way, with my privacy and personal preferences respected.

5.4 If I require intimate personal care, there is a suitable area for this, including a sink if needed.

Procedure

- Help child to get their change bag (if appropriate)
- Tell staff members where you're going and which child you're taking
- Take child inside to the changing area & close door to maintain privacy
(ensure all phones are left outside the change room)
- Help to take child's waterproofs/shoes off and check clothes/socks underneath
 - if any item of clothing is wet, at this stage get out a dry replacement
- Make sure that you are prepared for the child being changed - appropriate gloves, wipes, nappies etc. are stocked and within reach
- Put on gloves and apron
- Help child onto the change area & remove any clothes necessary to change nappy
- Remove dirty nappy, wrap and put into nappy sack
- Put on new nappy (and new clothes if required). Taking special care to clean child thoroughly (wiping front to back) - dirty wipes to go into the nappy sack
- Smile, sing, interact with the child during changing making it a quality interaction with the child
- Dirty nappies/wipes should be in a nappy sack and put into lined, foot pedal operated bin
- Reusable nappies or soiled clothing should be put into bags, labelled with the child's name and put into the soiled items box (not into the child's bag)
- Return wipes/cream to the child's bag
- Encourage child to redress independently
- Support child to wash and dry their hands
- Staff to also wash and dry hands, modelling technique
- Help child to put on dry waterproofs (use spare waterproofs if wet inside)
- Return child to play area, notifying staff
- Return child's bag to typical storage area
- Wipe down changing mat and changing area with disinfectant and paper towel, take special care to clean all crevices (ensure use of PPE)
- Staff to update record of nappy changing (including any notes ie rash etc)

Children's learning from routine:

HWB 33- I am becoming aware of how cleanliness, hygiene and safety can affect health and well-being and I apply this knowledge in my everyday routines such as taking care of my teeth.

HWB 48-I am learning what I can do to look after my body and who can help me.