

Allergies/Intolerances Policy

Health and Social Care Standards:

1.15 My personal plan (sometimes referred to as a care plan) is right for me because it sets out how my needs will be met, as well as my wishes and choices.

1.24 Any treatment or intervention that I experience is safe and effective

1.37 My meals and snacks meet my cultural and dietary needs, beliefs and preferences.

3.14 I have confidence in people because they are trained, competent and skilled, are able to reflect on their practice and follow their professional and organisational codes

As an early years provider, Stramash is aware that some children may have allergies which vary from mild, moderate to life threatening. Following guidance from ***Getting It Right For Every Child*** (2016)¹, Stramash works in partnership with families and relevant agencies to build care plans for each individual child in accordance to the Wellbeing Indicators - Safe, Healthy, Active, Nurtured, Achieving, Respected, Responsible and Included. Stramash aims to provide a safe environment which enables any child with allergies to participate fully in the Stramash experience without exposure to allergens.

As per the guidance given in the Care Inspectorate document ***Management of Medication In Daycare of Children and Childminding Services*** (2014)², the Team Leader will, when a declaration of a child's allergy or intolerance is made, liaise with the family and any necessary agencies to ensure that there is a robust care plan in place which includes prevention techniques and the procedure if a reaction should take place. For some children this may include use of antihistamines or an epi-pen. *For more information, please see Stramash's Medication Policy.*

As per the Scottish Government guidance document ***Supporting children and young people with healthcare needs in schools*** (2017)³, Stramash settings will take preventative measures for certain allergies - for example, in all Stramash settings foods containing nuts are not allowed. For other allergens it may be more difficult to use blanket measures and there may be measures in place for that individual child - using their own hand soap, for example. These preventative measures will be discussed regularly with families and relevant agencies to ensure the measures are effective and sustainable.

¹ [Getting It Right For Every Child \(2016\) Scottish Government](#)

² [Management of Medication In Daycare of Children and Childminding Services \(2014\) Care Inspectorate](#)

³ [Supporting children and young people with healthcare needs in schools: guidance \(2017\) Scottish Government](#)

For children with allergies and intolerances, their individual medical care plans and reactions procedure will be displayed in a communal staff area. Staff will read and reflect upon each medical care plan and procedure at the beginning of each new term.

As per the guidance given in the Care Inspectorate document ***Management of Medication In Daycare of Children and Childminding Services*** (2014)⁴ for children in Stramash's care who require the use of epi-pens or other equipment, training will be provided to all staff within the team - including bank staff.

For staff/volunteers/students with severe allergies and intolerances, the same process will be applied, whereby necessary preventative measures will be implemented and a procedure for reaction will be documented.

⁴ [Management of Medication In Daycare of Children and Childminding Services \(2014\) Care Inspectorate](#)